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Wednesday, September 15, 2010

# THE MORNING NEWS

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## Governor Fredis Refunjol at the opening of the new Parliament Year: “Distilling the positive in a time of crisis”



ORANJESTAD—The new Parliament Year was opened yesterday with the traditional aplomb and the speech by His Excellency Governor Fredis Refunjol. A speech that focused on the challenges, the strengths and the positives of Aruba. Despite difficult periods in the 25 years of the island's separate status within the Kingdom, and goals still pending, there is more than enough reason to be proud of Aruba, Governor Refunjol stated.

The Governor in his speech said that Aruba's economy is closely tied up with that of partner countries, which is the reason for a slow economic recovery, that affects many sectors in the community.

The difficulties were addressed with all stake holder during the historic Social Dialogue, geared toward finding short term solutions on current issues, and at the same time providing relief for the most vulnerable within the community. Voicing the opinion of the government, Governor Refunjol said that the policy is geared toward the creation of fiscal, economic and social conditions in order to establish long term security and stability for the community.

The government that assumed power at the end of October 2009 inherited a country in decline, economically, financially, and socially, with a growing joblessness rate, and strained relations between

Kingdom partners. Now, 10 months after assuming power, the refinery is about to re-open, and perspectives are improving.

Governor Refunjol ensured that the government's goal is to work toward a balance between economic growth and improvement of quality of life. Because of this, the government has prepared a one billion Aruban florin investment plan for both the private and public sector, to stimulate economy, create jobs and improve the overall physical infrastructure of the island.

The financial pressures, specially regarding the General Medical Insurance and the Public Sector Pension Fund have been averted thanks to

agreements reached during the Social Dialogue, yet more has to be done.

Governor Refunjol also addressed the constitutional restructuring of the Dutch Kingdom, with the birth of two new countries, St. Maarten and Curaçao, and the need to strengthen the ties within the Kingdom as a whole.

The head of the Aruba Government and representative of Her Majesty Queen Beatrix outlined the plans of the government for the next three years which include further investment in education, public health, infrastructure, all geared toward improving quality of life in Aruba. One important element is the rehabilitation of homeless addicts

that is a priority.

The environment is a crucial part of the development plans, and Governor Refunjol said that sustainability is a point of departure.

“The new vision is to distill the positive of the crisis by increasing investment, and thus place Aruba on a new route. Aruba is the example of a living democracy, where the participation of stakeholders in crucial policies is institutionalized,” Governor Fredis Refunjol concluded, declaring the new Parliament Year opened.

After delivering his speech, Governor Refunjol and members of the Mike Eman Cabinet observed the marching ceremony of Royal Dutch Marines, including the Arumil.



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## French parliament adopts ban on full-face veil

PARIS, France (AFP) - The French parliament passed a law yesterday prohibiting wearing a full-face veil in public, meaning a ban will come into force early next year if it is not overturned by senior judges.

The Senate passed the bill by 246 votes to one and, having already cleared the lower house in July, the bill will now be reviewed by the Constitutional Council, which has a month to confirm its legality.

The text makes no mention of Islam, but President Nicolas Sarkozy's government promoted the law as a means to protect women from being forced to wear Muslim full-face veils such as the burqa or the niqab.

Once in force, the law provides for a six-month period of "education" to explain to women already wearing a face veil that they face arrest and a fine if they continue to do so in any public space.

A woman who chooses to defy the ban will receive a fine

of 150 euros (195 dollars) or a course of citizenship lessons. A man who forces a woman to go veiled will be fined 30,000 euros and serve a jail term.

"This is not about security or religion, but respecting our republican principles," Justice Minister Michele Alliot-Marie declared before the vote.

"France, land of secularism, guarantees respect for all religions (but) hiding the face under a face-covering veil is against public social order, whether it is forced or volun-

tary," she said.

Some other European countries are mulling similar bans, but critics of the law in its proposed form believe it is too broadly framed and that it will eventually be overturned as unconstitutional and discriminatory.

Two senior lawmakers from Sarkozy's UMP ruling party said the new law should go before the Constitutional Council to ensure that it is in full conformity with France's constitution.

## Government: Spain to send observers for Venezuelan poll

MADRID, Spain (AFP) - Spain announced yesterday it will send an observer mission to this month's legislative elections in Venezuela, two months after Caracas barred a Chilean team from observing the polls.

Spanish Foreign Minister Miguel Angel Moratinos made the announcement in the Senate, saying in response to a question that Spain has "managed to be allowed to have representatives at these elections" in Venezuela.

He gave no further details.

Moratinos vowed in July that Spain would do "everything possible" to ensure that a

team of deputies and senators from Spain could travel to Venezuela to observe the September 26 vote.

That statement came days after Venezuelan President Hugo Chavez announced that a group of Chilean senators seeking to observe the elections would not be allowed into the country after they had questioned the transparency of the polls.

Venezuelans will vote to renew all 167 seats in the single-chamber National Assembly, which since 2005 has been dominated by Chavez's United Socialist Party of Venezuela.

## Death toll in Venezuela plane crash rises to 17

CARACAS, Venezuela (AFP) - Two of the 36 people who survived a plane crash in eastern Venezuela have died of their injuries, raising the disaster's death toll to 17, a senior government official said yesterday.

"We now have a total of 17 dead and 34 injured," Jose Khan, minister of basic industries, said on state-run VTV television.

The ATR 42-300 belonging to the Venezuelan carrier Con-

viasa was carrying 51 people from the tourist island of Margarita Monday when its pilot reported technical problems and crashed near Puerto Ordaz, the flight's destination.

The plane had accumulated 25,000 flying hours, the European aircraft company ATR said. "At this stage, the cause of the accident remains unknown." The ATR 42-300 is a twin engine turboprop plane with 46 to 50 seats that is used for regional transportation.

## Spanish ex-premier calls for legalizing drugs worldwide

MADRID, Spain (AFP) - Spain's former prime minister Felipe Gonzalez yesterday called for an international treaty to legalize drugs as a way to end the deadly wars between trafficking cartels.

"I think it will be our only way of confronting" drug trafficking, he told reporters at a reception for the Mexican ambassador in Madrid to mark the Latin American country's bicentenary.

Gonzalez, who was Socialist prime minister from 1982 to 1996, noted the consequences of Prohibition against alcohol in the United States in the early 20th century, when gangsters caused "thousands of deaths."

"When did this violence end? Not when they put the heads of the crime gangs in prison for tax fraud, but when Prohibition ended and the sale of alcohol was legal," he said.

He acknowledged that "no country can take this decision (to legalize drugs) unilaterally without an extremely serious (political) cost for its leaders."

"What is needed therefore is an international treaty that is respected by all," he said.

He noted the deadly consequences of the drug war in Mexico, "where between 350 and 360 billion dollars (generated by traffickers) can be found on the other side" of the border with the United States.

More than 28,000 people are believed to have been killed in drug cartel-related violence in Mexico since 2006.

Gonzalez said organized crime is "one of the most serious threats to security that that world is facing, not just Mexico."

He called for an international conference on the issue, while admitting that it was "unlikely ever to happen."

## Igor stirs up Caribbean, takes aim at Bermuda

MIAMI, Florida (AFP) - The most powerful Atlantic storm of 2010, Hurricane Igor, whipped up dangerous swells in the Caribbean yesterday as it barreled west-northwest in the direction of Bermuda.

Igor, packing winds of 135 miles (215 kilometers) per hour and higher gusts, is a "dangerous" category four hurricane, the second highest notch on the five-point Saffir-Simpson scale.

It has been joined in the mid-Atlantic by the fifth hurricane of the Atlantic season, Julia, while a less organized storm system threatens to dump heavy rains across a wide area from Jamaica to Mexico's Yucatan Peninsula.

Although most models had Igor on track to hit Bermuda by Sunday, forecasters cautioned it was too early to know where it would be or how strong it would be five days

from now.

"Exact impacts of Hurricane Igor at the end of the week are still difficult to gauge," the Bermuda Weather Service cautioned.

As of yesterday, Igor's eye was located some 710 miles (1,140 kilometers) east of the northern Leeward Islands and it was heading west-northward at seven miles (11 kilometers) per hour, US experts said.

Swells generated by the storm were due to begin affecting the archipelago before reaching Puerto Rico and the Virgin Islands today.

Of more immediate danger to Haiti, and possibly western Cuba and parts of Mexico, was a storm system that formed southwest of Hispaniola that could grow into a tropical depression with a 70 percent chance of becoming a tropical cyclone over the next 48 hours.

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## Hello, I am Mira!



I would like to introduce myself to you. I am one of the donkeys at the Donkey Sanctuary. Years ago people found my mother in Angochi, in the middle of the road. She was rescued and taken to the Sanctuary; I was born there last year. My birth was a very special occasion: in nature it is customary with donkeys that the mother hides when the little one is about to be born. And that is also possible at the Sanctuary, because we are splash in the middle of nature there. But when the volunteers were closing up before going home, they saw me, together with my mother! And that was fantastic, of course, such a gor-

geous baby donkey.

They put us apart quickly, so that my mother could recuperate after giving birth. And after a while we could leave the stable to play with the other donkeys. I love it there; life is pretty good. I get fed and watered on time and when I get sick the vet comes in to look at me. So we are quite expensive donkeys, all of us. The volunteers try and undertake all kinds of activities and actions to generate money and they sell great donkey stuff at the store. Sometimes very kind people adopt one of the donkeys to support the Sanctuary.

And that is also why I am trying to find people who want to adopt me. I will still stay at the Donkey Sanctuary, but you just need to pay thirty Aruban florins per month for my upkeep. You help the Sanctuary this way and me as well. You will receive a nice document and a fantastic tee-shirt.

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Successful visit of Dutch press members

## “Aruba will receive ample coverage in Dagblad Metro, Dagblad de Pers and Avant Garde



Recently, a group of Dutch press members visited Aruba on a culinary trip. The group experienced different activities and visited various restaurants so to get an opinion on what Aruba has to offer when tourist visit the island.

Aruba Tourism Authority (ATA), representative Amayra Boekhoudt prepared an extensive program for them, touring them around the island. They enjoyed a trip on the Catamaran of De Palm Tours, and Seatrek. They also enjoyed a cooking session with Chef Marc Giesberg of Passion Restaurant, visited the Arikok National Park, spent a whole day of relaxation on De Palm Island, enjoyed a dinner show at Sizzles, visited Papiamento Restaurant, Tiera del Sol, Old Fisherman and Windows on Aruba.

As a special treat the group enjoyed a Dinner, Wine Tasting event, organized by Mr. Clive Faustin at La Gran Bodega and a Night of Art at the house of Mrs. Elisa Lejuez where they shared ideas with local artists.



ATA's main objective for inviting foreign press to the island is to obtain international coverage and propaganda and to involve other tourism partners. This will create more promotion for Aruba by word of mouth.

Articles that will appear on Aruba illustrating the various topics are:

1. The variety in cuisine on Aruba with the focus on typical Aruban dishes
2. Different activities a visitor can enjoy while staying on Aruba
3. Aruba as an international hip and trendy fashion

destination with designer label stores and elegant restaurants.

Each one of the dailies will give Aruba ample coverage; Metro and De Pers are Dutch dailies with a circulation of 570,000 and 220,000 respectively, while Avant Garde is an upscale fashion magazine which is published six times a year and has a circulation of 429,000 per publication.

The Aruba Tourism Authority thanks everyone in the tourism business for their cooperation in making this trip a pleasant one.



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## Australia pays to bring Winfrey to Sydney 'Oprah' House

SYDNEY, Australia (AFP) — Australia paid 2.3 million US dollars to bring American megastar Oprah Winfrey with her famed chat show -- and its screaming audience -- to the country to boost its global profile, officials said yesterday.

Winfrey told an ecstatic American studio audience of 300 they would be flown to Australia to film episodes of her show during a tourist dash which would take in beaches, vineyards, Sydney Harbour and the city's "Oprah" House.

"We'll sail Sydney Harbour, some will sample shiraz in Aussie wine country and others will shop till they drop in trendy Melbourne," the chat show queen told the crowd.

"We'll get up close with kangaroos and koalas, kick back on some of the world's most beautiful beaches and experience... the Great Barrier



Reef."

Some of last episodes of the popular talk show, which is winding up after 25 seasons, will be shot during the eight-day adventure, culminating in recording at Sydney Opera House.

## Sole Mare Ristorante Italiano introduces early bird dining



Sole Mare Ristorante Italiano is a traditional family restaurant, within walking distance of the high-rise resorts. This stylish Italian eatery has never veered from its opening-day philosophy of serving delicious home-cooked Italian food, with rich, fresh flavors, at reasonable prices and in hearty portions, delivering an authentic slice of Italy, to Palm Beach, Aruba.

Sole Mare is now offering considerable added value to its customers by serving an Early Bird Special for \$25, daily from 5:30 p.m. to 7:00 p.m.

On the menu: Insalate Mista or Homemade Minestrone followed by Linguini Fruitti Di Mare or Fresh Filet of Grouper, with a side of pasta or vegetables or Chicken Parmigiana, with a side of pasta or vegetables and Caramel Flan or Ice cream for dessert, Coffee or Tea.

Those who wish to dine later in the evening may enjoy some of the chef's specialties such as Spaghetti Al Formaggio Parmigiana, an

authentic Italian dish flamed with Whiskey tableside or Sole Mare Special, truly a seafood lover's favorite with jumbo shrimp - the largest on the island, mussels, clams, calamari, and Caribbean lobster over a bed of spaghetti, or the irresistible Ravioli alla Vodka with Lobster and Shrimp, brimming with homemade Ravioli with Caribbean lobster, jumbo shrimp and fresh mushrooms, sautéed with garlic and olive oil, flamed with vodka, blended with a delicate creamy tomato sauce and the decadent Rib Eye Pizzaiola, USDA certified Angus beef, sautéed with extra virgin olive oil, tomatoes, garlic, and gaeta black olives.

Kid will find dining at Sole Mare satisfying as they can choose from an extensive kids' menu featuring Rigatoni with Meat Sauce, Spaghetti with Meatballs, Fettuccini Alfredo, Meat Lasagna, Mozzarella Sticks, Cheese Ravioli or Chicken Fingers with French Fries.

Sole Mar offers ample parking, and congenial, car-

ing service with no service charge added to the bill. Take out service is fast and efficient with no service charge and the restaurant kitchen is open seven days a week until 11 p.m.



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## Loyal Lotto buyer for more than 10 years wins Lotto Jackpot



Since the introduction of the Lotto Jackpot Mario Kelly has been playing the same numbers faithfully ear after year. On Wednesday, August 25, Mr. Kelly got lucky and won the Afls. 245,000 Lotto Jackpot. His winning numbers: 04-10-11-19-19 is a combination of the birthdays of his wife and himself. Mr. Kelly bought his Lotto at Mandingo's Snack, where he faithfully buys his ticket for the past 10 years.

Mr. Kelly, accompanied by

his very emotional wife, claimed his prize at the Fundashon Lotto pa Deporte. He said his first reaction when knowing he won the Lotto Jackpot was to give thanks to the Lord for His blessings.

When asked what he will do with his winnings, Mr. Kelly answered: give a donation to the parish of Paradera who at present are busy with renovations, pay off his son's mortgage, and do some renovation and maintenance work

on his house. He will also pay for the studies of his three grand children and the rest he will save for the future in case of emergency.

Lotito, in name of the Fundashon Lotto pa Deporte, congratulates Mr. Kelly and his family with his prize and thank them for their support of the Foundation. Mr. Kelly demonstrated that "All good things come to he who waits." Just make sure that you are in the game."

## Bachelet to head UN super department for women

UNITED NATIONS (AFP) - The UN secretary general yesterday named former Chilean president Michelle Bachelet to head a new UN super agency to step up the campaign to advance women's rights.

UN Women will unite four existing UN bodies handling women's affairs into what Secretary General Ban Ki-moon said would be "one powerful, dynamic and effective entity."

Bachelet, a 58-year-old moderate socialist, left the Chilean presidency in March after four years as one of the most popular leaders in the country's history.

Ban said Bachelet, who is also a trained doctor, brought "global stature" to the new post.

"Ms Bachelet brings to this critical position a history of dynamic global leadership, highly honed political skills and uncommon ability to create consensus and focus among UN agencies and many partners in both the public and private sector.

"I am confident that under her strong leadership, we can improve the lives of millions of women and girls throughout



**Michelle Bachelet**

the world."

The new body will carry the official title, the UN Entity for Gender Equality and the Empowerment of Women -- but will be known as UN Women.

It brings together the UN Division for the Advancement of Women, the International Research and Training Institute for the Advancement of Women, the Office of the Special Adviser on Gender Issues and Advancement of Women and the UN Development Fund for Women (UNIFEM).



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late show: 11:00

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daily: 12:00 3:45  
late show: 11:30

##### TAKERS

daily: 6:15 - 8:45  
matinee: 1:15 - 3:45  
late show: 11:15

##### PIRANHA 3D

daily: 4:45 - 7:00 - 9:15  
matinee: 1:15  
late show: 11:30

##### LOTTERY TICKET

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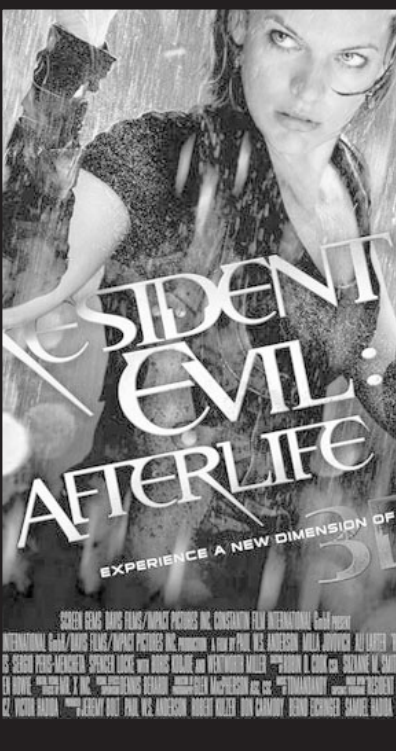
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#### RESIDENT EVIL: AFTERLIFE 3D (SUSP/HOROR)



IN A WORLD RAVAGED BY A VIRUS INFECTION, TURNING ITS VICTIMS INTO THE UNDEAD, ALICE, CONTINUES ON HER JOURNEY TO FIND SURVIVORS AND LEAD THEM TO SAFETY. HER DEADLY BATTLE WITH THE UMBRELLA CORPORATION REACHES NEW HEIGHTS, BUT ALICE GETS SOME UNEXPECTED HELP FROM AN OLD FRIEND. A NEW LEAD THAT PROMISES A SAFE HAVEN FROM THE UNDEAD TAKES THEM TO LOS ANGELES, BUT WHEN THEY ARRIVE THE CITY IS OVER-RUN BY THOUSANDS OF UNDEAD - AND ALICE AND HER COMRADES ARE ABOUT TO STEP INTO A DEADLY TRAP.

## Sci-Tech

# What Marie-Antoinette would look like with plastic surgery



Picture of sculptures of late French queen Marie-Antoinette created by French designer Jean-Charles de Castelbajac

PARIS (AFP) - What would a plastic surgeon do with executed queen of France Marie-Antoinette if she were alive today? The answer depends on whether she would prefer the French, American or Russian look.

French fashion designer Jean-Charles de Castelbajac is displaying the three resulting busts at a Parisian art

gallery as part of an exhibition entitled "Tyranny of Beauty."

It took more than three months to complete the white plaster heads, complete with wigs and make up courtesy of artists from the world of fashion, says De Castelbajac.

The Austrian-born duchess's French version is the most recognisable: the

double chin is gone, the cheeks are slightly sunken, the eyes barely changed. The nose and mouth are untouched.

"This is the closest to the original," says De Castelbajac.

The American version has had the nose straightened, the lips have been botoxed, the cheekbones accented, while the Russian version is barely recognisable from the original.

"This customer accepts many more changes," says De Castelbajac: the cheekbones are exaggerated and the mouth is even more full.

The archetype of Marie-Antoinette came from De Castelbajac's mother's house, where the fashion designer deemed her "the height of French sophistication."

He describes the exhibition as "a kind of pop archaeology" to "disembody Marie-Antoinette and turn her into a 21st century woman."

## It's Showering Android Tablets

Many Android tablets will soon reach shelves to compete with Apple's iPad, which has not faced a worthy challenger yet. Samsung, Toshiba, ViewSonic and Archos recently announced tablets with screen sizes ranging from 7 inches to 10 inches. These tablets are not

just cheap knockoffs, but legitimate competitors that outdo the iPad on certain features. Toshiba's Folio 100 features better video capabilities with full 1080p HD video support, topping iPad's 720p video support. These tablets also include USB ports and run Android 2.2

OS, bringing Flash support for Internet video, which the iPad lacks. The iPad is considered a well-rounded tablet, but a sticking point has been its US\$499 starting price. The latest Android tablets come at prices ranging from \$299 to \$1,000, depending on screen size and features.

## Olympus E-5 D-SLR Shoots Great Pictures in Bad Conditions

Olympus on Wednesday announced a new addition to its line of digital cameras, the E-5 D-SLR, which includes a number of new features and improvements for the holiday season.

The E-5, the successor to last year's E-4, features a 3-inch LCD that swivels 270 degrees on two axes to nearly any angle. It has 920,000 dots for framing and viewing the 12.3-megapixel images and 720p30 video that the camera will shoot. The E-5 uses Olympus's TruePic V+ technology to sharpen and optimize images, especially in low-light situations.

For the artsy photographer, the E-5 is the first Olympus D-SLR camera to have art filters in all shooting modes: shutter priority, manual, automatic, and more. Art filters like pop art, grainy film, pin hole, and more can

be used for still shots and video, and all are available on every shot on the E-5. There's a Multiple Exposure mode, which combines up to four shots in one photo, as well as a digital level sensor that centers and levels images taken at odd angles.

With the E-5, Olympus is making a serious effort to ruggedize its cameras, making them suitable for conditions where expensive D-SLRs typically dare not go, as part of the company's plan to snag 20 percent of the high-end camera market. The E-5 sports a rugged body that is designed to be dustproof and splashproof, and uses Olympus technology to do things like vibrate to remove dust from the sensor, and stabilize images taken in any mode or setting.

The E-5 will be available in October for \$1,699.99.

## Seesmic Desktop 2 provides one window on social networks

Seesmic has released Seesmic Desktop 2, its "one app to rule them all" Mac client which puts multiple social networking services into a single window.

Seesmic Desktop 2 provides immediate support for Twitter, Facebook, LinkedIn, Google Buzz, Foursquare, and Ping.fm, but it also sports a system allowing users to download additional plug-ins providing access to different services. Plug-ins included in the standard download, for example, can shorten a URL with bit.ly, or preview an image from Flickr or Twitpic when they're linked in your incoming messages.

Seesmic's Plugin Marketplace is the app-store style method of browsing what's available, with one-click installation into Seesmic Desktop.



## Health &amp; Living

# Weight loss helps incontinence



If you're among the millions of women who suffer from urinary incontinence, losing weight might just ease your symptoms, a new study suggests.

Published in the Jan. 29 issue of the New England Journal of Medicine, the study found that when women lost about 8 percent of their body weight — an average of 17 pounds for this group — the frequency of incontinence episodes dropped by almost half.

"Weight is one of the biggest risk factors for developing incontinence and for worsening incontinence," said study author Dr. Leslie Subak, an associate professor in the departments of obstetrics, gynecology, reproduc-

tive sciences, urology and epidemiology and biostatistics at the University of California, San Francisco.

Observational studies have found an association between extra weight and incontinence, and other research has suggested that losing weight might be beneficial for relieving incontinence symptoms.

To confirm these findings, Subak and her colleagues recruited 338 women. The women had to be at least 30, with a body-mass index (BMI) between 25 and 50. A BMI over 25 is considered overweight and over 30 is obese, according to the National Institutes of Health. All of the women experienced at least 10 incontinence episodes in a seven-day period.

Two-thirds of the women were randomly assigned to the intervention group, which included diet, exercise and behavior modification, while the remaining one-third (the control group) received four educational sessions about weight loss, healthful eating and physical activity. All of the women received a self-help booklet with tips for improving their urinary incontinence.

The intervention group met for one hour every week for six months and were put on a structured protocol, including diet and exercise, designed to help them lose between 7 percent and 9 percent of their starting weight.

On average, the intervention group lost 8 percent of their body weight, or about 17 pounds each. The control group lost 1.6 percent of their body weight, or a little more than 3 pounds each.

After six months, the weekly number of incontinence episodes dropped by 47 percent for those in the intervention group compared to 28 percent in the control group. The intervention group also reported fewer episodes of stress incontinence — that's incontinence that occurs due to extra pressure from laughing, coughing or sneezing. This group did not see improvement in urge incontinence — that's the feeling of a sudden need to urinate.

# Aruba's Aloe Vera



Nowadays you'll find Aloe Vera gel in almost all skin care products. But what is Aruba Aloe Vera actually all about and why should we use it for our skin care?

## When was Aloe Vera discovered?

Aloe Vera's healing properties were discovered centuries ago and it has been used as an ingredient in medications throughout the world by many different cultures. It was used already during Egyptian times for several ailments.

It is said that Cleopatra used Aloe to enhance the natural beauty of her skin.

## Why is the Aruba Aloe Vera plant so beneficial?

Aruba Aloe Vera is the most powerful skin moisturizer that is available. It also soothes and softens the skin and helps the natural healing process of damaged skin.

## What can Aruba Aloe Vera be used for?



Aloe can be used daily as an excellent moisturizer for the dry or aging skin. Regular use helps to prevent wrinkles and so helps to provide and maintain a smooth and healthy skin.

The use of Aloe Vera helps

to alleviate and heal the itching and redness caused by skin burns & sunburn or the skin damaged through cuts & scratches.

Aruba Aloe has a complete product line with Body care, Hair care and Sun care products that contain Aloe Vera Gel which is freshly processed at the site of the Aruba Aloe fields. The products are available at most supermarkets, hotels, pharmacies and at the three Aruba Aloe stores located at their Hato Factory, the Paseo Herencia shopping mall & the Renaissance shopping mall.

Want to see how the Aruba Aloe is being processed? Visit the Aruba Aloe Factory & Museum! Call 588-3222 for more information.

## TIP: Detecting Indoor Air Pollutants

Odors and residues from household chemicals, cleaning products and pesticides can lead to indoor air pollution. Less obvious sources include activities such as cooking or heating your home, the U.S. National Safety Council says.

The agency says these symptoms may be caused by poor indoor air:

- \* Feeling tired or dizzy.
- \* Nausea.
- \* An itchy nose.
- \* Scratchiness of the throat.
- \* Frequent headaches.
- \* Asthma and other respiratory problems.

# Aubergine

*Liven up Italian and Greek dishes with aubergine. And increase your folic acid and potassium intake in the process.*



## How much to eat?

Aubergine is a low fat vegetable, but it absorbs a lot of fat when it is fried.

## Key benefits

Aubergines/brinjals not only block the formation of free radicals, it also reduces cholesterol levels. It is also a source of folic acid and potassium.

## Maximising the benefits

Aubergine can be cooked in casseroles, chargrilled or oven-roasted to keep its low fat properties.





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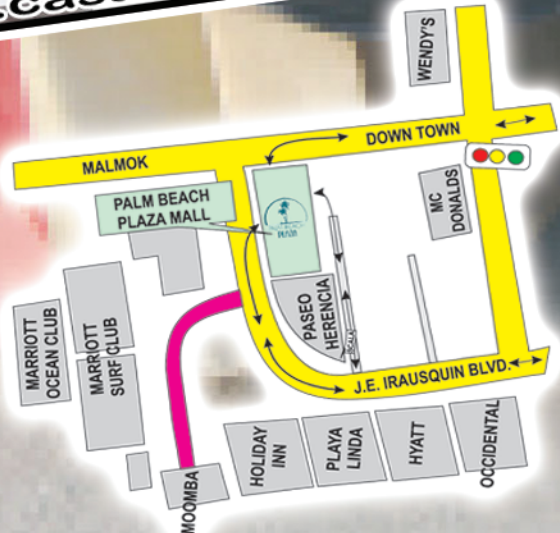
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## Issac Delgado adds a good dose of salsa rhythm to the 4th Caribbean Sea Jazz Festival



Issac Delgado

ORANJESTAD -- Issac Delgado is one of the many top acts of the fourth Caribbean Sea Jazz Festival, which will be held on Friday, October 8 and Saturday, October 9. This Cuban salsa sensation adds a good dose of rhythm to the

Festival, broadening the already wide scope of superb artists. Issac's interest lay in soccer when he was growing up; however, he switched to music as soon as he hit his late teens and music has never been out of his mind ever

since.

Growing up in the Mariano district of Havana, Cuba, Issac's shining examples were his father, an outstanding musician, his older brother Nelson, a singer, composer and guitarist and his well-known mother, who was an actress, singer and a dancer. No wonder that he chose his career in music with this genial family in his background. Issac's stars were Ruben Blades and Cheo Feliciano and they have certainly put their stamp on the music that is so uniquely Delgado.

Looking back at his early musical beginning, Issac is taught by the best in the business and he gained a wide experience when joining a group called Proyecto. This group performed old, traditional Cuban music, put into a modernized version. When

just 21 years old, the singer became a professional musician, touring the world with the Orquestra de Pacho Alonso; he became the vocalist for the group Galaxia and the soloist of the famous Tropicana cabaret spectacle before conquering America during his concerts in Madison Square Garden with artists like Celia Cruz, el Canario and Grupo Niche, in NY Central Park, in Battery Park and Irving Plaza. "Issac

Delgado performs the Cuban form of the Blues," writes a journalist in praise after yet another spectacular performance.

As booking follows booking and album follows album, Delgado becomes a household name in the salsa music business. Aruba is therefore extremely proud to be able to welcome this outstanding international artist to its festival. Delgado is a biggie, who should not be missed!

## Laga-Laga-Laga wins Volleyball Tournament

A friendly game of beach volleyball was played Friday night pitching Managers vs. Associates, and Associates vs. Managers on Eagle Beach.

The game started in the early evening hours with a total of six teams and concluded in the wee hours with the victory of Laga-Laga-Laga, a team of associates with a ferocious desire to win.

Organized by Greta de Cuba, Recreation Manager, La Cabana Beach & Racquet Club, the tournament was a lot of fun, under a perfect night sky, on one of the world's most-beautiful beaches.

General Manager Joe Naajar reports that his team of de-



partment heads seemed to be leading at first but then Laga-Laga-Laga – a triple let it go, in Papiamento – was unstopp-

pable, and referee Marianne who did a fantastic job on the whistle.

# Breakfast

7:00 a.m. - 11:00 a.m.

<p><b>EGG DISHES</b></p> <p>*2 eggs sunny side up with ham &amp; cheese</p> <p>*Scrambled with ham, cheese, onions, green pepper, tomato, mushroom</p> <p>*Plain omelettes with ham, cheese, onion, green pepper, tomato, mushroom</p> <p>All egg dishes are served with a choice of : white or whole wheat baguette or sliced toasted bread.</p> <p>*PASTECHEI HORNA</p> <p>*CRÊPES</p> <p>*SWEET CRÊPES</p> <p>*BAGEL with cream cheese, smoked salmon, boiled egg</p>	<p><b>LOCAL BREAKFAST</b></p> <p>*Pan grandi ( di rama ) or baguette</p> <p>*KERRIE-KERRIE ( FISH )</p> <p>*CONCH</p> <p>*FISH EGG</p> <p>*SHRIMPS</p> <p>*FISH FILLET</p> <p>*FISH CAKE</p> <p>*CHICKEN SOUP</p> <p>*FRUIT SALAD &amp; YOGHURT</p> <p>*HOT BEVERAGES</p> <p>*COLD BEVERAGES</p>
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## COMICS

## PICKLES



## MOMMA



## CALVIN and HOBBS



## CROSSWORD



## CROSSWORD

## ACROSS

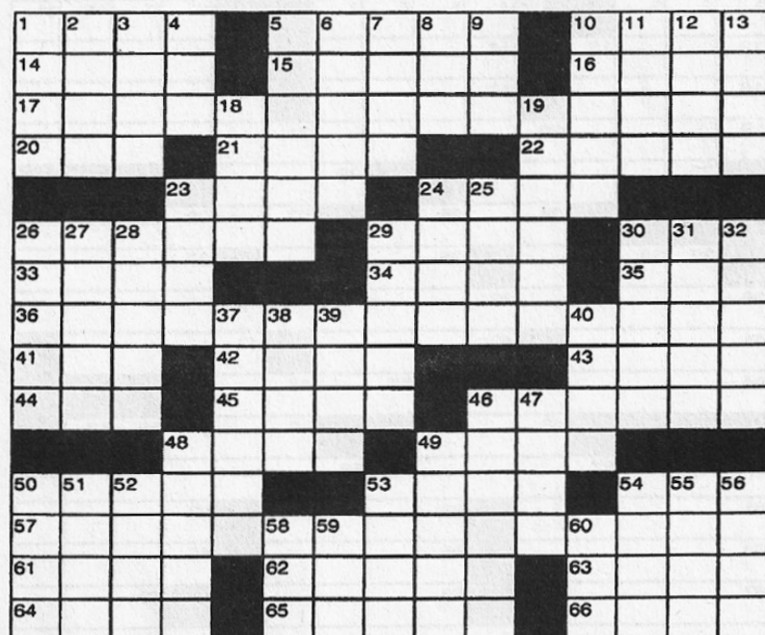
1. "\_\_\_" and Jeff"
5. So long: hyph.
10. Be prominent
14. Pa. port
15. Sphere of conflict
16. \_\_\_ Alto
17. Alamo site: 3 wds.
20. Cunning
21. Orient
22. Aromatic herb
23. Reduce
24. Animal hide
26. Expects
29. Honeycomb part
30. Doleful
33. Droops
34. King of the road
35. Jacket or soup
36. China-manufacturing site: 3 wds.
41. Compass pt.
42. Picnic pests
43. Sills solo
44. Links mound
45. Bakery products
46. Kind of snake
48. Riga native
49. Songbird
50. Eastern prince
53. Poker holding
54. Gratuity
57. Circus winter home: 2 wds.
61. Pagan god
62. Discussion group
63. Troubles

## DOWN

64. Lease
65. Rows
66. Sugar source
1. Untidy heap
2. Russian range
3. Dickens's Tim
4. Social event
5. Asian tribesmen
6. Popped up
7. Omar's output
8. Blackbird
9. \_\_\_ Paulo
10. Exhausted
11. Public vehicle
12. Woeful word
13. Gypsy \_\_\_ Lee
18. In good order
19. Animal fat

23. City on the Arno
24. Laborer
25. German river
26. Anything of value
27. The "Duke"
28. Harmonize
29. Fischer's game
30. Good egg
31. Eagle's abode
32. Senegal city
37. Escapades
38. Military group
39. Printing directive
40. Tale

46. Gives the third degree
47. Aviation prefix
48. Inclined
49. Thin cracker
50. Hebrew lyre
51. Manufactured
52. Actress Moran
53. Window part
54. Mah-jongg piece
55. Unemployed
56. History's milieu
58. Make a choice
59. Bangkok native
60. Kid



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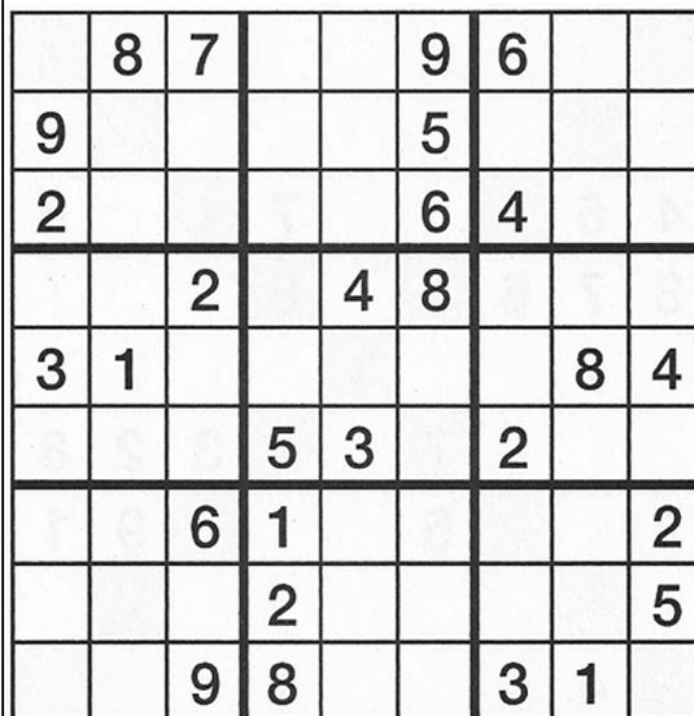
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**Sudoku**



**SOLUTION**

9	1	8	7	9	8	6	7	2
9	6	8	2	9	7	8	7	1
2	7	2	8	6	1	9	9	8
2	9	7	1	8	9	8	6	7
7	8	6	7	2	9	9	1	8
1	8	9	8	7	6	7	2	9
6	9	7	9	8	2	1	8	7
8	2	1	9	7	8	7	9	6
8	7	9	6	1	7	2	8	9

Complete the grid so that every row and every column contains the numbers 1 through 9  
 A number is Never repeated in a row or column.  
 In addition every rectangle must contain the numbers 1 through 9



## Finance

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## Brazil oil find could be biggest in 20 years

RIO DE JANEIRO, Brazil (AFP) - A recently discovered deepwater oil field off Brazil could be the biggest found in the world in the past 20 years, officials quoted yesterday by the Estado de Sao Paulo newspaper said.

The Libra field, discovered in 2007 and located off the coast from Rio de Janeiro and Sao Paulo, potentially contained 7.9 billion barrels of crude, the head of the National Oil Agency, Magda Chambriard, told the daily, quoting an independent evaluation.

"Where have you seen a tender for more than seven billion barrels in the past few years? That hasn't happened since the Middle East in the 1970s," she said.

The tender for the field -- which is situated at great depth under a technically challenging layer of salt -- should take place next year.

Petrobras, Brazil's state-run oil company, has proven re-

serves of 14 billion barrels of crude oil.

But if recent finds in the Santos Basin where Libra and other fields are located turn out to be viable, that figure could triple and Brazil could become one of the world's biggest oil exporters.

## Petrobras offer to push Brazil's real even higher

BRASILIA, Brazil (AFP) - A 64-billion-dollar share offer by oil giant Petrobras is likely to push Brazil's currency to an alarming level against the dollar, putting exporters and the government in tough straits.

The capitalization -- one of the biggest ever carried out in the world -- will prompt a tsunami inflow of foreign capital when it is carried out September 30, sending the currency, the real, soaring, according to observers.

Brazilian Economy Minister Guido Mantega has implicitly acknowledged the challenge it represents to Brazilian exporters by saying authorities would do all they can to prevent an "unwarranted or excessive" valuation of the real.

The real, which yesterday was trading at 1.71 to the dollar, has more than doubled in value since 2003, when President Luiz Inacio Lula da Silva came to power.

## European stocks narrowly mixed

LONDON, England (AFP) - European stock markets closed narrowly mixed yesterday as investors consolidated recent sharp gains after subdued German data pointed to slower growth later this year, dealers said.

They said a modestly firmer positive start on Wall Street limited the losses as US retail sales figures came in slightly better than expected while continued positive assessment of new bank capital rules was supportive.

Gold meanwhile hit fresh record highs as the dollar slipped, with dealers suggesting investors were still hedging their bets, buying the safe-haven metal despite the recent upturn in confidence on the US economic outlook.

Bonds, another safety-first investment, also attracted interest.

In London, the FTSE 100 index of leading shares closed up a fractional 0.03 percent to 5,567.41 points. In Paris, the CAC 40 index added 0.19 percent to 3,774.40 points and in Frankfurt, the DAX rose 0.22 percent to 6,275.41 points.

European markets were lower in early trade after fi-

gures showed German investor confidence slumped badly in September, suggesting recent very strong growth may slow markedly over the balance of the year.

The ZEW institute's sentiment indicator plunged 18.3 points to minus 4.3 points, its fifth consecutive monthly drop and its second unexpectedly sharp loss in a row.

"The drop in ZEW economic sentiment in September and July's stagnation in eurozone industrial production confirm that the eurozone recovery is slowing again after the second quarter's strong expansion," said Capital Economics analyst Jennifer McKeown.

In Paris, which managed to chalk up a fifth consecutive winning day, dealer Yves Marcas at Global Equities said the market was hesitant, with investors looking closely at New York for their lead.

Banks, which led the gains on Monday after new sector capital rules were agreed, had a more subdued day.

In New York, the blue-chip Dow Jones Industrial Average came off early lows to show a gain of 0.26 percent at around 1600 GMT while the tech-rich

Nasdaq Composite index added 0.45 percent.

US retail sales rose for a second straight month in August, gaining 0.4 percent from July, better than forecasts for a rise of 0.3 percent. Consumer demand typically accounts for two-thirds of a developed economy so growth in this component is absolutely essential to the recovery.

"This is slightly better than expected and shows growth and it will be supportive, but at the end of the day it is one of a myriad of numbers driving the economy," said Jason Schenker, president of Prestige Economics. "This piece of data does seem to support the notion that we are not likely to have a double-dip recession so this was likely to buttress prices."

Elsewhere in Europe, Amsterdam was down 0.16 percent and Brussels slipped 0.07 percent, Madrid gained 0.38 percent while both Milan and Swiss stocks were flat.

In Asian trade earlier yesterday, Tokyo slipped 0.24 percent but Hong Kong rose 0.17 percent, Shanghai was virtually unchanged and Sydney gained 0.25 percent.

## Dollar falls, gold soars to record on global economy jitters

LONDON, England (AFP) - The dollar fell yesterday against the euro and gold soared to a record high as investors took stock of global economic prospects and sought refuge in assets seen as safe havens.

The US currency also tumbled against the yen and the Swiss Franc which -- like gold -- attracts investors as a sure bet in times of trouble.

The euro in late day trade was up to 1.3018 dollars from 1.2880 on Monday.

The dollar meanwhile was trading at 83.04 yen against 83.64 on Monday. But at one point the greenback plunged to 82.93 yen, its lowest reading since May 1995, after Prime Minister Naoto Kan easily overcame a challenge to his party leadership from veteran powerbroker Ichiro Ozawa.

The news led traders to buy the yen as they considered a win for Kan meant that any immediate intervention on the currency markets to stem the yen's rise was unlikely.

The dollar also fell to 0.9944 Swiss francs from 1.0076 on Monday.

The price of gold later struck an all-time high above 1,269 dollars an ounce on Tuesday.

Gold hit 1,269.45 dollars on

the London Bullion Market at 1410 GMT, beating the previous record of 1,265.30 dollars an ounce struck on June 21.

"Renewed sovereign debt concerns" have driven up gold, said Robin Bhar, senior metals analyst at Credit Agricole bank.

Fears of a resurgent eurozone debt crisis are likely to stunt European economic growth prospects this year, the EU warned on Monday.

"The global recovery is still expected to be uneven and is surrounded by major uncertainties," the European Commission said in its autumn forecast, citing "the resurfacing of global imbalances, high debt levels and lingering tensions in sovereign-debt markets."

Gold, whose two main drivers are jewellery and investment buyers, is also regarded as a good store of value in times of high inflation.

In another development, metals consultancy GFMS predicted that gold was set to reach a record high above 1,300 dollars an ounce this year.

"I think we could easily see gold spike comfortably above 1,300 dollars before the year's out," GFMS chairman Philip Klapwijk said in the independent group's latest annual sur-

vey of the precious metal.

"We'll probably get a fair bit of profit taking as we head into the New Year but I would not take that as a sign that the party's over -- further gains in 2011 are far from out of the question."

The euro began the day by losing ground against the dollar after data showed a collapse in German investor confidence.

The euro stumbled as the ZEW institute's sentiment indicator for Europe's biggest economy plunged 18.3 points to minus 4.3 points in September -- its fifth consecutive monthly drop and its second unexpectedly sharp loss in a row.

In London yesterday, the euro changed hands at 1.3018 dollars against 1.2880 dollars on Monday, 108.07 yen (107.74), 0.8361 pounds (0.8347) and 1.2942 Swiss francs (1.2974).

The dollar stood at 83.04 yen (83.64) and 0.9944 Swiss francs (1.0076).

The pound was at 1.5572 dollars (1.5428).

On the London Bullion Market, the price of gold rose to 1,265.50 dollars an ounce at the fixing from 1,243.75 dollars an ounce on Monday.

## YESTERDAY'S Crossword Answer

L	O	S	T	C	R	A	B	P	L	O	D
O	R	L	E	H	A	V	E	R	R	A	N
N	E	A	R	A	D	O	R	E	O	I	L
S	P	I	N	N	I	N	G	J	E	N	N
Y	O	G	I	O	R	T					
U	N	C	A	G	E	S	P	I	N	O	Z
P	A	R	K	S	T	U	R	N	S	O	V
O	M	E	I	P	A	R	E	S	S	N	A
N	E	E	A	L	L	A	T	E	S	E	
S	P	I	N	A	C	H	G	H	O	S	T
R	O	T									
S	P	I	N	T	H	E	B	O	T	T	L
J	A	R	S	E	A	R	L	S	C	A	L
E	R	I	E	D	I	M	E	S	U	G	L
T	A	G	S								
G	A	R	Y								
T	S	A	R								



## The Queen's offers an authentic taste of Aruba!



Varella, Luisa and the next generation of chef



Grandma's stoba w/rice and beans and potato salad

One of the distinctions of Aruban cuisine is incorporating unique indigenous ingredients such as in Wild Cucumber Stew and a particular light fish chowder accompanied by the local specialties pan bati (corn meal pancake) and funchi (the local version of polenta.) Thus, eating out at the authentically Aruban restaurant, The Queen's, is very affordable, with a true taste of regional cuisine.

Owner Varella Innocencia confesses she opened her restaurant in Oranjestad because "I grew up with this, and loved serving people our island food. My father and mother operated the little restaurant across from the Americana, which some may remember, the original Arawak. I remember how much our customers loved trying the local food, and they especially loved the prices!"

Varella's mom, Luisa, is still in the kitchen, conjuring up the delicious dishes that have been in her family for generations, which is acknowledged on the menu with "Carni Stoba di Mamachi"- "Grandma's Beef Stew," and their Arawak Steak.

We also bumped into island visitors Jim and Callie from Michigan, who were eager to try island food, and were more than pleased with their venture

into local cuisine. "We will definitely return to The Queen's," they affirmed, "the food was delicious and the prices are more than right."

The menu sports a variety of steaks and tenderloin, fresh caught seafood, Caribbean lobster, and of course, one of our favorites, and what we consider a true test of local cuisine, "Keshi Yena"- "Filled Cheese." This is a tasty, filling stew of chicken, with other ingredients that are handy that day, all incased in a thick skin of melted Gouda. It was very satisfying and particularly memorable paired with The Queen's garlic bread and very special Pica, a mix of chopped onions and the famous local hot pepper, Madame Janette. Not overly spicy, it lent that perfect bit of tang to this deliciously picturesque meal.

Located next to the Harbor at the end of the Weststraat, The Queen's is open from 11:00 a.m. to 11:00 p.m., daily, offering indoor and outdoor dining. They also have daily specials, aside from an extensive menu; made from whatever is in season and Mama Luisa was in the mood to prepare.

We noticed a steady stream of islanders coming for lunch in the pleasant surroundings or picking up take-out containers; always a sure sign of a winner is where the locals like to eat!

## Gold Coast Aruba: This is the time to invest

Managers of Gold Coast Aruba, the island's newest and most innovative gated community, report that sales are picking up nicely as the global economy begins to recover and those with a bit of disposal income are looking to invest in a sure thing. Gold Coast Directing Manager Fito Croes has noticed a surprising percentage of owners are barely using the villas or town homes they purchase, but taking advantage of Gold Coast's rental services to turn their investment into ready income.

"The greater portion of home owners are using their 'home away from home' in Aruba to escape the winter months, or spend holidays with the family on the island," he remarked, "but I am gratified by how many are buying because they felt secure with real estate investment on Aruba. They really study the history and economy of the island and are impressed with the political stability and continually increasing value of prime locations. Gold Coast is in the heart of Malmok, considered Aruba's most exclusive community; in this area, the value of properties has only increased over time. It is minutes to the best beaches and all the action, and yet offers a quiet and secluded getaway; we are very pleased by the response to our concept."

Fito, with his sister Mayrin and brother Rudy run Cas Bon, which has been constructing homes and building developments for all budgets for nearly twenty years. "Gold Coast Aruba is the jewel in our crown," observes Fito. "We were very excited about this project; the scope and amenities. We talked to countless island visitors to find out what they would really want in a permanent residence on Aruba, and took from there."

Input from frequent vacationers who dreamed of their own home in Aruba will eventually be a community of 260 town homes, villas and condominiums with a stunning clubhouse complemented by two additional pools decks, one of which has been open for a year, the other will be ready for the holidays 2010. They expect the clubhouse to be ready for the community with a workout room and spectacular facilities by the end of 2011. It will also house a restaurant and mini-market.



Owners who purchased upon the groundbreaking only a few short years ago, are already enjoying a nearly 50% appreciation on their investment, particularly those taking advantage of the management association's rental service. There is always a great demand for Aruba and facilities

investment. To further enhance this, Gold Coast managers have inaugurated a number of in-house services and are now negotiating with Interval International to provide a huge international pool for investors to tap for renters either short or long term. Property exchange for a vacation in another destination will also be available. Gold Coast's own rental services have also proven highly successful in assisting owners in renting their villas; 24-hour security and maintenance services also tip the scales when it is time to make a decision. Aside from all this, housekeeping, babysitting and catering services are also available for community members as well as airport pick-up and drop-off and pre-shopping services so cupboards and refrigerators are stocked upon arrival, which can all be arranged through their home management department.

Visit their website: [www.goldcoastaruba.com](http://www.goldcoastaruba.com) for more details and availability or call 586-2200 to arrange a personal tour.



such as those at Gold Coast, making it easy for some owners to earn their mortgage payments or others to see an immediate return on their investment.

The design of the structures is open, airy and spacious, fully deploying the island environment, with the finest quality construction and finishing available. Partnering with two of Aruba's top providers of kitchens and bathrooms enables developers to offer custom options for clients, so buyers can individualize their homes. An elegant and chic standard package is available, or island designers will assist owners in finishing the décor to their specific tastes.

There are many aspects to purchasing property; not the least is the future value of the





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## Rain rules once again in Rockingham



ROCKINGHAM, North Carolina –It swept in quick and stayed long enough to postpone the race, as rain rolled into The Rock Saturday afternoon during the last round of qualifying. Eman and Team Aruba sat ninth on the ladder getting set for round one of eliminations after running a 4.11.

"It's a shame that weather has affected so many races this season. It takes a toll on all of us, because when things are clicking and going right you want to keep that going and then suddenly, it stops," Eman expressed. "You have to do what you have to do and move onto the next race, but a break with Mother Nature one time would be nice."

With three more races left in the ADRL series, the make up from Rockingham will now be completed in nine days in Norwalk, Ohio. It was a capacity crowd in North Carolina

and as it stands now, Norwalk will be the same. Team Aruba has the opportunity to have their best season yet, with some room at the top of the standings. Performing well at the track and gaining points whenever possible will be crucial, as Eman and his crew work towards the opportunity to compete for the Battle of the Belts.

The 2010 ADRL season has gotten underway on MAVTV and will be airing all this season's races. To catch Team Aruba and Eman driving the Digicel powered Aruba.com Escort in action, log on to MAVTV.com and find the channel nearest to you.

To check out Team Aruba at all of their ADRL, log on to www.mavtv.com and get the schedule. For more information about Eman and the team, check out www.TeamAruba.com or become a fan and follow us on facebook.



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## Obama to publish children's book

WASHINGTON (AFP) – President Barack Obama, a publishing phenomenon even before he won the White House, has a new book about to hit the shelves -- profiling inspirational historic Americans for children.

"Of Thee I Sing: A Letter to my Daughters" is a 40-page picture book and will have an initial print run of half a million copies when it is released on November 16 -- not coincidentally two weeks after congressional elections.

Obama penned the book before he was elected and proceeds from its sale will go to a scholarship fund for the children of US soldiers killed or disabled in wars abroad.

The president's publisher, Random House, praised the work as an "inspiring marriage



of words and images, history and story."

"Of Thee I Sing: A Letter to My Daughters" celebrates the characteristics that unite all Americans -- the potential to pursue our dreams and forge our own paths," the company said in a press release.

The book celebrates figures including the first president

George Washington, and Jackie Robinson, who broke down barriers by becoming the first African American baseball player in the major leagues.

The title is taken from the lyrics of "My Country, 'Tis of thee" an early American patriotic song.

Obama's previous books, the autobiographical "Dreams from My Father" published in 1995, and the political manifesto "The Audacity of Hope" which came out in 2006, have been huge international bestsellers.

They have also secured Obama's financial future. The president and his wife Michelle declared a joint gross income of 5.5 million dollars for 2009 alone -- almost all of it based on royalties from his books.



# Battling Redbacks stun mighty Mumbai



**Cullen Bailey of South Australian Redbacks celebrates the wicket of Ambati Rayudu of Mumbai Indians during the Airtel Champions League Twenty20 match between Mumbai Indians and South Australian Redbacks**

DURBAN (AFP) - South Australian Redbacks took a pounding from the Mumbai Indians batsmen, but still clinched a five-wicket win against the highly-rated IPL team in the Champions League Twenty20 on Tuesday.

In a frantic match of sixes and missed chances, Mumbai hammered 180 for seven in their 20 overs despite a slow start on a lively Kingsmead pitch.

But Michael Klinger (50) and Daniel Harris (56) took advantage of some sloppy

fielding as they put on 112 for South Australia's first wicket.

Mumbai appeared to have regained the initiative when three wickets fell in 12 balls but the unheralded Redbacks never stopped going for their shots and sixth wicket pair Cameron Borgas and Tom Cooper put on 24 off seven balls to get the Australian side home with three balls to spare.

The win put South Australia in pole position to reach the semi-finals with two wins from two matches in Group

B, while Mumbai faced probable elimination after losing both their matches.

Mumbai struggled to 59 for three at the halfway stage of their innings but some awesome hitting by Saurabh Tiwary, who hit 44 off 25 balls, and Kieron Pollard (36 off 21 balls) enabled them to score 121 off the last ten overs.

Tiwary hit three of his four sixes off successive deliveries from left-arm spinner Aaron O'Brien and Pollard pounded three sixes.

But Mumbai's fielding was abysmal. Harris was dropped twice and Klinger once as the Redbacks launched their reply, while the Indians leaked several runs with poor ground fielding.

Mumbai captain Sachin Tendulkar admitted his team's effort in the field was "very disappointing" after what he said was an excellent effort by the batsmen.

"We have to pick up our performance. It's important that we produce something special in our next two games."

South Australia captain Klinger, the leading run-scorer in the tournament, said: "We backed ourselves to chase those runs and it was a super effort by everyone. Our running between the wickets and our intensity was really good."

## Taiwan's Tseng eyes world's top spot



TAIPEI (AFP) - Taiwan golfing ace Yani Tseng said Tuesday she was eyeing the world's top spot after capturing major trophies including the British Open title.

"My next target is to become the world's number one this year," said Tseng, who is currently behind Ai Miyazato of Japan, Cristie Kerr of the United States, and Jiyai Shin

of South Korea in the world's ranking.

To achieve that goal, Tseng said she had to keep building up her physical strength while sharpening her golfing skills.

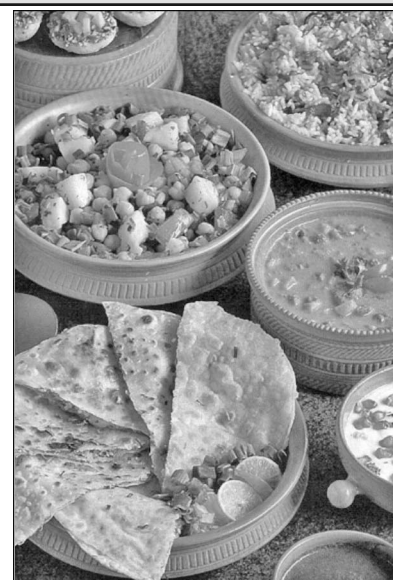
The 21-year-old saw her world ranking move up by one notch to fourth after she added the latest title -- the LPGA Northwest Arkansas Championship -- on Sunday.

Tseng won the coveted British Open title in August, on top of major wins in the 2008 LPGA Championship and this year's Kraft Nabisco Championship.

She became the youngest woman to have won three majors and led the British Open from the first round.

"I'm still nervous even now when I am recalling the severe competition in the British Open," she said.

"The pressure was so high that I could not even breathe during those days... but I kept telling myself, 'I can do it' thousands of times".



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## Teen athletes also doped in East Germany

BERLIN (AFP) - Teenage athletes were also subjected to doping under communist East Germany's vast programme of steroid abuse, a leading former sports official has admitted in his upcoming new book.

Thomas Koehler, former vice president of the East German sports association DTSB, is the first high-ranking member of the defunct Stalinist state's sporting establishment to acknowledge that minors were also doped.

"When athletes participated (in doping programmes) from the age of 16, it was primarily done when their biological maturity was established," Koehler writes in the book "The Two Sides of the Medal", to be published this week.

Doping "had been planned for select elite athletes, who were generally adults."

"There were exceptions, however, for example in swimming -- a sport where the optimum age is lower. But the only athletes included were those who were among the best and had several years of training behind them," he writes.

Koehler, himself a two-time Olympic luge champion in 1964 and 1968, said that cheating was "the only way for East Germany to hold its own at the international level".

The 70-year-old said that the communist functionaries had the interest of their athletes at heart, with 90 sports doctors employed to monitor their health.

The East German state established a vast, systematic doping programme in the 1970s using Turinabol, an anabolic steroid which encourages muscle growth and allowed the country to excel in swimming, athletics and cycling.

During the 20-year period East Germany competed as a separate state, the small

country of 16 million people won 519 medals at 11 Olympic games, 192 of which were gold.

To achieve this success, the state ensured its athletes had the best available facilities and equipment, coaching and medical check-ups, psychological testing and dietary supplements.

But it was the scale of state-sponsored doping -- known as State Plan 14.25 -- that set East Germany apart and was only brought to an end after the collapse of communism when the Berlin Wall came down in November 1989.

It is estimated some 10,000 athletes were part of the doping programme which even involved the Stasi, the state's secret police service, to make sure competitors took Turinabol -- many allegedly without their knowledge.

The after-effects of large-scale doping only came to light later, with victims suffering from a host of disorders including cancer and sterility.

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## NHL fines Devils for Kovalchuk deal



NEWARK, New Jersey (AFP) — The National Hockey League has slapped the New Jersey Devils with a three million dollar fine for signing Russian star Ilya Kovalchuk to a renegade 17-year contract.

The league's disciplinary

officials also took away two entry draft picks, including a third-round pick in 2011. The Devils also lose a first-round pick of their choice sometime within the next four years.

The Devils drew the ire of the league for inking the left winger to a 17-year, 102 million dollar contract that the league claimed circumvented the NHL's salary cap rules.

The contract, which would have kept the 27-year-old Kovalchuk with the club until age 44, paid him just 550,000 dollars annually in the last six years of the deal. The result is it drove down the Devils' salary cap hit which the league frowned upon.

Devils president Lou Lamoriello said Monday he did nothing wrong.

"We disagree with the decision," Lamoriello said in a prepared statement. "We acted in good faith and did nothing wrong."

Kovalchuk had the backing of the players' union which filed a grievance against the league.

The two sides reworked the contract, eventually agreeing on the revised 15-year deal earlier this month. The NHL approved it after reaching an agreement with the players association on the amendment covering long-term deals.

Lamoriello did not speak to the media directly and did not state whether they would appeal.

In 642 career games, Kovalchuk has scored 338 goals and 304 assists.

## Mets' Rodriguez to face more charges



Mets closer Francisco Rodriguez will face additional charges in his assault case stemming from an incident last month at Citi Field, authorities said in court on Tuesday.

Prosecutors said Rodriguez, in court for his second appearance on the matter on Tuesday, violated the order of protection previously issued by the judge by sending his girlfriend 56 text messages apologizing. As a result, Rodriguez will be charged with criminal contempt.

The judge spared Rodriguez immediate jail time for violating the order, but warned that further contact would result in him being jailed.

Rodriguez attorney, Christopher Booth, defended his client by arguing that the

messages were non-threatening and professed his love for his girlfriend.

Rodriguez is due back in court on Oct. 7 to face charges that he assaulted his girlfriend's father outside the family lounge at the ballpark on Aug. 11. He was arrested after the incident and placed on the disqualified list by the Mets. During his initial court appearance shortly after the event, the judge issued orders of protection for his girlfriend and her father.

During the altercation, Rodriguez injured his thumb, tearing a ligament in his pitching hand, and was forced to undergo surgery.

While Rodriguez is on the disqualified list, the Mets say he will not be paid.

## Opening Champions League group stage results on Tuesday:

<b>Group A</b>	Aviv (ISR) 0
FC Twente (NED) 2	<b>Group C</b>
(Janssen 20, Milito 30-og)	Man Utd (ENG) 0
Inter Milan (ITA) 2 (Sneijder 13, Eto'o 41)	Rangers (SCO) 0
Werder Bremen (GER) 2	Bursaspor (TUR) 0
(Almeida 43, Marin 47)	Valencia (ESP) 4 (Costa 16, Aduriz 41, Pablo Hernandez 68, Soldado 76)
Tottenham Hotspur (ENG) 2	<b>Group D</b>
(Pasanen 13-og, Crouch 18)	Barcelona (ESP) 5 (Messi 22, 45, Villa 33, Pedro 78, Alves 90+3)
<b>Group B</b>	Panathinaikos (GRE) 1 (Govou 20)
Lyon (FRA) 1 (Bastos 21)	FC Copenhagen (DEN) 1
Schalke 04 (GER) 0	
Benfica (POR) 2 (Luisao 21, Cardozo 68)	
Hapoel Tel-	

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**Sno faces two weeks in hospital after heart attack**

THE HAGUE (AFP) - Ajax midfielder Evander Sno, who suffered a heart attack during a reserve team match, will remain in hospital for two weeks, the Dutch club said on Tuesday.

The 23-year-old, who spent two seasons with Celtic

between 2006 and 2008, collapsed in the 63rd minute of Monday's game against Vitesse Arnhem.

After spending the night at a hospital in Arnhem, he was transferred to a medical facility in Amsterdam on Tuesday.

**Intensity brings Nadal his Grandest Slam of all**

NEW YORK (AFP) - Using the same intensity that make him so formidable on the court, Rafael Nadal bounced back from his parents' divorce and injuries to complete a career Grand Slam sweep with a US Open title Monday.

World number one Nadal defeated second-ranked Novak Djokovic 6-4, 5-7, 6-4, 6-2 to capture his first US Open crown, making him the seventh man to win the US, French and Australian Opens and Wimbledon.

The 24-year-old Spanish left-hander achieved the feat after struggling in 2009 with abdominal pain, knee injuries and the break-up of his parents. But the challenges



helped boost Nadal mentally, what he sees as his top strength.

"Well, the life changes sometimes," Nadal said. "Ten months ago seems like I

never going to be another time the same. Now seems I going to be one of the greatest.

"Last year I had a difficult year. The second half of the year was very difficult for me, had some personal problems, home, and after I had a lot of injuries, here the abdominal, before the knees. So wasn't an easy year.

Nadal suffered for months without suffering until he returned to his beloved clay in Monte Carlo. After that, he began a strong run ahead of a French Open title, setting up a Wimbledon crown and a historic US Open breakthrough.

"For me, the most important tournament of the year was Roland Garros," Nadal said. "After that was big confidence for me, won in Roland Garros another time, because was very hard to lose in 2009. After that, I think I relaxed a lot.

If Nadal adds the 2011

Australian Open to his title run, he will join Rod Laver and Don Budge as the only men to hold all four Grand Slam titles at once.

Asked what was the strongest part of his game, Nadal set aside his deadly serve and spoke of his mental intensity, the tenacity to fight when all seems lost or when he faces supreme tests.

"What's my best thing? I think the mentality," Nadal said. "Attitude on court always was good for me. I'm positive and I fight all the time. But not the only thing. Positive attitude is not only fight on court.

"I was able to listen all the time to the coach and to have adjustments and to be ready to change things to be better and to improve.

"The best thing that I have is my intensity on court. When I'm playing well, the intensity always is high. I can play at the same rhythm and the same level long time."

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